



ST. ANTHONY ANTIOCHIAN ORTHODOX CHURCH

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September 9, 2018

PARISH

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St. Anthony's web page: <http://www.stanthonybergenfield.org>

Antiochian Archdiocese web page: <http://www.antiochian.org>

Metropolitan JOSEPH, Archbishop

## SUNDAY BEFORE THE ELEVATION OF THE CROSS

Epistle: Galatians 6:11-18

Sts. Joachim and Anna

Gospel: John 3:13-17

Tone: Six

### THE EPISTLE

Prokeimenon: You, O Lord, shall keep us and preserve us.  
Save me, O Lord, for the godly man has failed.

The reading is from Saint Paul's Letter to the Galatians.

BRETHREN, see with what large letters I am writing to you with my own hand. It is those who want to make a good showing in the flesh that would compel you to be circumcised, and not only in order that they may not be persecuted for the cross of Christ. For even those who receive circumcision do not themselves keep the law, but they desire to have you circumcised that they may glory in your flesh. But far be it from me to glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. For in Christ Jesus, neither circumcision counts for anything, nor uncircumcision, but a new creation. Peace and mercy be upon all who walk by this rule, upon the Israel of God. Henceforth let no man trouble me; for I bear on my body the marks of Jesus. The grace of our Lord Jesus Christ be with your spirit, brethren. Amen.

### THE EUCHARISTIC OFFERINGS

The Holy Oblations are offered at the offertory of the Great Entrance for the health and welfare of those living members, and for those departed this life of the Chimel, Serafin, Franz and Mocuļ families.

The Women's Guild offers the Coffee Hour today. We ask our parishioners **NOT TO WAIT** to sign up for offering the Coffee Reception; this is a vital part of our parish life! The Chart is posted in the "Coffee Room" and the items needed are 11.5

and on our web site (see our web page address above). The Coffee Reception does not need to be "fancy;" just "Coffee'n." See Barbara DiNovi or Sandy Eliopoulos for information, but please take your turn, perhaps with another family

## PARISH ANNOUNCEMENTS

1. Today our Church School officially opens with the Procession of the Life-Giving Cross. The appropriate prayers and hymns will be used for the Elevation of the Cross (September 14th)
2. Today, in conjunction with the opening of church school, the Creative Festival Awards will be presented and student backpacks will be blessed. All students should sit with their class in the front of the Church at 10:00 AM.
3. **SEPTEMBER 15<sup>TH</sup> AND 16<sup>TH</sup>**, Saturday and Sunday, we will sponsor our second BERGEN STREET FEST. Please see Father Michael to volunteer your time at Bergen Street Fest. We have plenty of 2-hour time slots that need to be staffed across both Saturday and Sunday, September 15-16. Try your hand at something new. The Setup and Takedown teams, Bakery, Admission Gates, Beer Garden, and the Kids Zone all need plenty of help. Please see Father Michael today to sign up! Liturgy will begin at 9:00 AM on September 16<sup>th</sup>.
4. Church School "Unity Day" is scheduled for September 23<sup>rd</sup>.
5. **PARENTS:** please register our children for the new academic year by speaking with Nike Bach, Pam Scarpa or Ghiath Abdallah as soon as possible.
6. **September 12<sup>th</sup>, Wednesday**, the **Parish Council** will meet at 7:30 PM SHARP in the Jabara Media Room.
7. **Please remember:** On **September 16<sup>th</sup>**, **Liturgy will begin at 9:00 AM**, one hour earlier than usual due to the Bergen Street Fest!
8. **Change of Dates:** Our **annual International Festival** will be held on **November 2,3,4 (Friday, Saturday and Sunday.) It has new days, (we're open Sunday) dates and times. Mark your calendar from now.**
9. Some of us also are forgetting **HOW TO RECEIVE THE HOLY EUCHARIST!** If you desire to receive Holy Communion, first prepare yourself through fasting (abstaining – at least NO BREAKFAST!) and prayer. Then when the Chalice is brought forth from the Altar, approach it quietly (NO TALKING!) As you enter the center aisle, FOLD YOUR ARMS, right over left and remain quiet. As you approach the Chalice, SAY your Baptized Name, OPEN YOUR MOUTH WIDE, and TILT YOUR HEAD BACK (only a slight tilt is necessary). It is recommended that you NOT bend your knees. Father Michael and Deacon Peter are standing on the Ambon, so they do have the height necessary. (Bending can cause some people to stumble and/or get dizzy; merely tilt your head slightly back). Then, with your arms still crossed, back away from the Chalice (no need to Cross yourself when near the Chalice since come communicants in this way have dangerously bumped the Chalice). Quietly return to your seat and the Prayers After Communion, while the remainder of the parish is receiving the Holy Eucharist.